

**SEASONAL BLESSINGS &
GREAT DISCOUNTED GIFT IDEAS**
FROM US TO YOU AND ALL YOUR FRIENDS...



The therapists listed below are offering discounted vouchers which you may buy to give as gifts.



DISCOUNTED BODY THERAPIES

**£25 for FULL treatments including
initial consultations!!!**

Massage – Sports, Swedish,
Aromatherapy, Reflexology,
Bowen Technique, Reiki,
Osteopathy, Chiropractic.

Usual prices range between £35 - £70
= EPIC Savings!

DISCOUNTED MIND THERAPIES

£25 - £75 for full treatments 1 – 2 Hours!!!

NLP
&
Hypnotherapy

Usual prices range between £50 - £125!!!

When considering mind therapies as gifts,
please consult practitioners to discuss suitability.



The Discounted Christmas Gift Deal...

The therapists listed below are offering discounted vouchers which you may buy to give as gifts.

If you buy a Gift Voucher, you are also welcome to book a treatment for yourself, from the same therapist, at the same price!

Therapist's prices are listed as guides; each therapist has more specific information on their individual profiles on the ACT website.

Please contact therapists directly to purchase vouchers and schedule bookings.

One discounted voucher or treatment per person, multiple vouchers may be bought as gifts for different people. Therapists may stop selling vouchers at their discretion.

MIND THERAPIES

THERAPIST	NORMAL PRICE	DISCOUNTED PRICE	CONTACT
Georgia Walby NLP, Hypnotherapy	– 2 Hrs £125	£75 2 Hour Session	0782 333 2605
Nick Doherty Hypnotherapy	– £60 - £70	£60 First 2 Sessions	0793 972 2498
Rob Martin Hypnotherapy	– From £59	Half Price Bookings	0797 062 5343
Richard Keeley Hypnotherapy	– £50	Half Price Bookings	0773 053 1573

BODY THERAPIES

THERAPIST	NORMAL PRICE	DISCOUNTED PRICE	CONTACT
Jan Holmes Reiki	– £35	£25 Full Treatment	0774 927 8502
Eloise Gynn Bowen Technique	– £35	£25 Full Treatment	0781 736 6104
Laila Larsen Reflexology	– £20 - £35	£25 Full Treatment	0777 287 1619
Hannah Boot Reflexology, Massage, Aromatherapy	– £35	£25 Full Treatment	0789 427 6779
Steph Gill Massage, Reiki	– £35 - £45	£25 Full Treatment	0770 996 6806
Helen Medlicott Osteopathy	– £39	£25 Full Treatment	0781 732 1843
Sarah Davies Reflexology, Reiki	– £40	£25 Full Treatment	0798 380 6042
James Ogle Sports Massage	– £35	£25 Full Treatment	0790 191 1802
Riz Suleman Chiropractic	– £70	£25 Full Treatment	0753 344 6373
Jake Crocker Massage	– £40	£25 Full Treatment	0788 983 0856
Rachael Stuckey Massage, Aromatherapy	– £40	£25 Full Treatment	0778 735 7308
Cathy Spiteri Massage, Reflexology, Aromatherapy	– £50	£25 Full Treatment	0782 504 7103
Leilah Porter Massage, Reflexology, Aromatherapy, Reiki	– £50	£25 Full Treatment	0786 222 3774
Alison Bailey Massage, Reflexology, Aromatherapy	– £40	£25 Full Treatment	0790 043 2597

Unless otherwise stated at time of booking, ACT therapists have cancellation policy of 24 hours notice or voucher will be subject to forfeiture/full payment will be required.

ACT Ltd is a therapy centre housing many independent self employed therapists. Whilst the centre encourages a standard of excellence amongst its therapists, individuals are responsible for their own insurance, updated CPD and conduct.