



ENHANCE

THEORY, SUPERVISION & TRAINING

UTSA DAS
COUNSELLING * PSYCHOTHERAPY * CBT

PG Dip Counselling, M.A. (CBT)

PG Dip Clinical Supervision

MBACP (accred.), BABCP (member)

UKRCP Reg. Ind. Counsellor/Psychotherapist

AREAS OF SPECIALISATION

- Anxiety disorders
- Depression
- Trauma & PTSD
- Sexual trauma
- Grief & loss
- Relationship issues
- Infertility
- Cancer, chronic illnesses & pain
- Self harm and eating disorders
- Dependence on prescribed drugs
- Work related issues
- Stress management

Please call to discuss how counselling may help, and whether it is the right therapy for you. Referrals can be made by: you; your GP; employer or insurance company.

www.enhancetherapy.co.uk

ENHANCE

THERAPY, SUPERVISION & TRAINING

UTSA DAS

BACP Accredited Therapist

Appointments available at:



ACT Clinic
53 The Parade
Roath
CF24 3AB

OPEN 9AM – 9PM

Prices range from £40 - £60

Please see website or call for further details

Tel: 02920 794 762

Mob: 07967 145 808

Email: utsa@enhancetherapy.co.uk

Online Therapy: www.mentaline.com/utsadas

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